







Name _____

Weekly Plan Sheet

Week of ____ / ____ / ____

\$ Money Making Activities  Green MK Office/Mtg Activities  Pink Your Special Time  Purple Family  Yellow Spiritual  Blue Job/Have to  Orange

My Week Includes: Daily Quiet Time Family Time Personal Time Time for Sales Appointments Time for Phone Calls Office time

My Activities Includes: ___# of Classes ___Facials ___Interviews \$___in Retail Sales ___Phone calls reaching a live person to book, coach, sell or recruit

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00	_____	_____	_____	_____	_____	_____	_____
7:00	_____	_____	_____	_____	_____	_____	_____
8:00	_____	_____	_____	_____	_____	_____	_____
9:00	_____	_____	_____	_____	_____	_____	_____
10:00	_____	_____	_____	_____	_____	_____	_____
11:00	_____	_____	_____	_____	_____	_____	_____
12:00	_____	_____	_____	_____	_____	_____	_____
1:00	_____	_____	_____	_____	_____	_____	_____
2:00	_____	_____	_____	_____	_____	_____	_____
3:00	_____	_____	_____	_____	_____	_____	_____
4:00	_____	_____	_____	_____	_____	_____	_____
5:00	_____	_____	_____	_____	_____	_____	_____
6:00	_____	_____	_____	_____	_____	_____	_____
7:00	_____	_____	_____	_____	_____	_____	_____
8:00	_____	_____	_____	_____	_____	_____	_____
9:00	_____	_____	_____	_____	_____	_____	_____
10:00	_____	_____	_____	_____	_____	_____	_____